

# Midland Park

**WE'RE ALL IN  
THIS TOGETHER**

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*Stay Safe*

*Stay Connected*  
[www.midlandparktoronto.com](http://www.midlandparktoronto.com)  
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## DO YOU NEED A HELPING HAND?

If you are self isolating and/or are in need of help in picking up groceries, needing medication or other drug store supplies, or just receiving a friendly phone call, please let us know by dropping us a comment on our website homepage (scroll down near the bottom of the page) from the website link or facebook page provided below.

**We have neighbours who are ready to lend a helping hand.**

*Contact your primary care provider or Telehealth Ontario at [1-866-797-0000](tel:1-866-797-0000) if you're experiencing symptoms of the 2019 novel coronavirus.*

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